

*The C.G. Jung Institute
of San Francisco*



*Analytic Training Program
2011–2012*

The Mission of The Institute

Analytical psychology is the theoretical foundation for Jungian analysis, a healing practice that serves the basic human need for psychological consciousness and growth. The C. G. Jung Institute of San Francisco was founded to advance a viewpoint vital to the conscious, ethical practice and utilization of analytical psychology and to disseminate knowledge central to that end.

The Institute trains psychotherapists to become Jungian analysts and maintains a collegial society to provide continuing education and ethical review for member analysts. It offers education and information to other professionals and the general public and promotes research about Jungian analysis and psychotherapy. It maintains the Virginia Allan Detloff Library and the Archive for Research in Archetypal Symbolism as educational resources. Through the James Goodrich Whitney Clinic Jungian psychotherapy is provided on a sliding-scale basis.

The Institute recognizes that the potential of wholeness and individuation depends on psychological development that in turn is supported or hampered by collective attitudes and laws. With this understanding, the C.G. Jung Institute of San Francisco supports in principle efforts that promote universal human rights.

The Institute's programs and services are provided without discrimination on the basis of race, color, national or ethnic origin, sexual orientation, or gender.

The Analytic Training Program

The C. G. Jung Institute of San Francisco offers to licensed psychotherapists a training program in preparation for certification as a Jungian analyst. The program is directed toward the development of mature, psychologically conscious individuals who will become thoroughly familiar with Jungian concepts and be able to use them in their own style in the practice of analysis.

In the program, personal analysis is considered basic to the training and provides the means for the individual to find his/her identity as a person and an analyst by establishing meaningful connection with his/her psyche.

A working knowledge of the conceptual framework is developed through seminars, continuous case conferences, and recommended reading.

In consultation and control analysis candidates find their individual unique ways to apply the experience of training to their own psychotherapeutic practice.

The program begins with four years of seminars, but completion of training for certification typically takes somewhat longer.

It is the established practice of this Institute that personal analysts are not permitted to participate in any way in the selection process of applicants who are or have been their analysands, or in the evaluation process of candidates who are or have been their analysands.

The Institute is committed to the individual development of candidates. This gives latitude for discussing with training committees any special circumstances that might warrant modification of requirements contained in this training brochure.

For the Institute to remain a vital body for learning and development, active involvement of candidates and analysts is essential. The Institute functions with volunteer help from candidates and analysts. It is expected that throughout a candidate's and analyst's relationship with the Institute, service on Institute committees and other functions will be part of the candidate's and analyst's ongoing commitment to the Institute.

Application to The Training Program

I. Personal Analysis

Motivation to enter analytic training is most reliably valid to the extent that it issues from a deep source in the psyche of an individual fully engaged in his/her personal analytic process.

One's personal analysis is considered to be the central and fundamental basis for the practice of analysis. Prior to applying for training, an individual is expected to have considered the effect of participating in the training program on the course of the personal analysis.

In light of the above, some amount of personal analysis must be completed by the applicant prior to consideration of his/her acceptance into the program. Prior to submission of an application form, an applicant must have completed no fewer than 150 hours of personal analysis over a span of at least 2 years.

The personal analysis referred to in this section must be with a qualified Jungian analyst as defined by membership in the associations listed on page 8. A candidate in training is expected to continue with personal analysis during the entire training period.

II. Academic Training and Clinical Experience

The C. G. Jung Institute offers highly specialized training in the theory and practice of Analytical Psychology. The level of work requires and presupposes a knowledge of and experience in the general field of psychotherapy. Each applicant must have:

- A. Ability to demonstrate special sensitivity and competence as a psychotherapist. An applicant must be actively engaged in and have experience doing long-term depth psychotherapy. Experience treating a wide range of psychiatric disorders, such as is included in psychiatric residency, may balance a relative inexperience doing depth psychotherapy. Upon admission and as a requirement of admission, applicants may be required to make up for deficiencies in experience.
- B. Adequate experience treating seriously disturbed persons, preferably in a multidisciplinary setting. The applicant should be able to assess the depth and danger of any presenting patient's disturbance.
- C. A license to practice psychotherapy in the State of California.
- D. Evidence of having successfully met all the professional and ethical standards of the discipline in which he/she is licensed to practice.
- E. Adequate malpractice insurance coverage.

Case consultation beyond the requirements of licensure is also recommended. Typically, past applicants have had some of this ongoing consultation with a Jungian analyst.

Candidates in training arrive from the entire range of disciplines that teach psychotherapy. Once a selected applicant enters the Institute community there is little differentiation made on the basis of one's academic and clinical origin. Nonetheless, this background is crucial to personal and professional identity, remaining part of the foundation of the analyst one ultimately becomes. Having fulfilled the requirements of one's clinical discipline is a basic first step in training.

Applications are invited from individuals who, by virtue of their training, experience, and licensure, are qualified to practice psychotherapy in the State of California. Such eligible, licensed psychotherapists include psychiatrists who have completed a psychiatric residency (through PGY IV), licensed psychologists, marriage and family therapists, clinical social workers, and registered nurses (who are certified nurse specialists with a master's degree in mental health nursing).

Applicants who have any questions are urged to contact the chairperson of the Admissions Committee.

III. Other Qualified Applicants

Persons with prior training from other Jungian organizations, institutes, or training centers, and who hold a license to practice psychotherapy in the State of California may apply. This category includes the two following circumstances:

A. Jungian analysts who are members of the International Association for Analytical Psychology and reside in the San Francisco Bay Area may apply for membership in this Institute. Applicants must meet the same standards of professional training and experience in a clinical discipline as those required of applicants for training at the C. G. Jung Institute of San Francisco. Such applicants must also have completed a course of analytic training equivalent to that offered by the C. G. Jung Institute of San Francisco. Requirements include a thoroughgoing knowledge of, and a substantial amount of clinical experience in, the general field of psychotherapy. As part of the evaluation process, the Certifying Committee will request letters of recommendation from members of the applicant-analyst's local Jungian community.

If the credentials reviewed are satisfactory, the Certifying Committee will meet with the applicant to orient him/her to the Committee members and their expectations. A period of control work, customarily of at least six months duration, with a member of the Institute may be expected, after which the Certifying Committee will meet with the applying analyst to hear a case presentation and to engage in a discussion of analytic and general issues. The Certifying Committee may waive these requirements.

If the Certifying Committee is satisfied that the individual is qualified, it will recommend to the members of the Institute that the applicant be elected to membership.

B. Applicants who have undergone training in, but have not graduated from, other Jungian training programs will be evaluated by the Admissions Committee, as are all other applicants to the training program, with consideration being given to their previous Jungian training. The criteria used in assessing such applicants will be based on:

1. The circumstances motivating the individual to leave the previous training program;
2. The same standards which are applied to all other applicants for candidacy with respect to clinical experience and excellence; the quality, depth and breadth of Jungian and non-Jungian psychological and analytic training and experience; the individual's personal qualities and motivation; and the possession of the required professional credentials;

If selected for further training, applicants will be placed at an appropriate level in this program after consultation with the appropriate training committee.

Admission is for a probationary period which ends by decision of the training committee.

IV. Application for Training

The Institute training program welcomes applicants of diverse race, color, national and ethnic origin, sexual orientation and gender.

Applicants must complete the application form and submit it to the Admissions Committee of the C. G. Jung Institute, together with the nonrefundable application fee of \$500, before January 1 of the year in which they wish to begin training. If an applicant is not accepted, reapplication after a two-year interval is possible. A limit of two reapplications will be considered, and each will require submission of a new and complete application and payment of the fee.

Upon receipt of the application form, fee, and all supporting documents, the credentials are reviewed by the Admissions Committee, emphasizing the following criteria:

- A. Personal development and maturity, as assessed by exploration of the applicant's relationship to his/her own unconscious depths;
- B. Adequacy and extent of basic training;
- C. Amount, breadth, and quality of professional experience;
- D. Evidence of special aptitude and competence in the field of psychotherapy;
- E. Applicant's reputation among colleagues, consultants, and supervisors for standards of personal and professional integrity;
- F. Evidence of his/her potential for becoming a Jungian analyst.

The Admissions Committee considers each applicant individually, focusing especially on the depth of relationship to the unconscious and his/her personal and professional maturity.

If the applicant appears to qualify, an evaluation of his/her personal, social and professional maturity, suitability and readiness is made by personal interviews with members of the Admissions Committee. At the discretion of the Admissions Committee, a case presentation may be requested. Supplementary information may also be requested. The Committee will be especially concerned in the interviews with the applicant's potential to become a Jungian analyst.

Curriculum, Program Stages and Cost

I. The Curriculum

The curriculum consists of four years of weekly seminars taught mostly by Institute members. Regular attendance at these seminars is required. Seminars for the first and second years of training are conducted primarily on Tuesday evenings at the Institute and cover basic theoretical and clinical material: complexes; archetypes; mythology; symbolism; typology; developmental theory; general psychodynamics; psychopathology; analytic techniques including dream interpretation, active imagination, sandplay; transference and countertransference.

Experiential and didactic group process sessions are required for first and second year candidates. Five half-day process group sessions are scheduled on Saturdays over the course of the first and second years of training.

Third and fourth year candidates plan their curricula in conjunction with the Curriculum Committee. Advanced topics as well as specialized subjects are the focus at this stage of training, and in special circumstances the Curriculum Committee may approve requests by the candidates for some of these seminars to occur on weekends and off site.

Because Jungian analysis is conducted between two people in the analyst's consulting room, analytic training emphasizes face-to-face learning between candidates and analysts.

As a part of the Institute's International Analytical Psychology Student program, a qualified international student may join the first and second year seminar group to participate in all educational activities and reviewing processes.

In addition to the seminars, regular attendance at a one year 40-hour continuous case conference is required. This requirement must be completed prior to advancement to control analysis.

When candidates enter the training program they begin seeing a clinic patient as part of training. Each candidate continues working with at least one clinic patient for the duration of training.

Weekly consultation is required throughout training, exceptions can be made in consultation with the training committee. The consultant must report on the candidate's progress to the appropriate training committee. Analysts may be available who volunteer time for consultation.

Seminars generally begin in early September and continue through the academic year, with holiday breaks.

II. The Program Stages

Analytic training is divided into three stages:

A. Preliminary (this is a period of mutual evaluation between trainee and Institute, which lasts as long as necessary for the Reviewing Committee to determine that there is an appropriate fit);

Candidates in preliminary status are assigned mentors from among the analyst members of their Admissions Committee, who meet with them periodically until their first meeting with the Reviewing Committee. The mentor's role is to represent the training program and to support candidates in becoming oriented to it and preparing for their first review.

B. Candidacy;

C. Advanced (includes control analysis with at least two control analysts).

Annually, each candidate meets formally with an evaluative committee. Advancement through the stages is an individual matter. The candidate considers his/her subjective sense of readiness for advancement, and the appropriate evaluative committee measures progress and development through interviews with, and written material from, the candidate, and ordinarily also through information received from analysts involved with the candidate's training (consultant or control analyst; sometimes seminar leaders or other analysts), excepting always the candidate's personal analyst.

When a candidate enters the training program, progress through the early years is followed by the Reviewing Committee. This committee determines the length of the Preliminary stage. The Reviewing Committee also oversees the candidate's transition into the Advanced ("Control") stage, with the final decision for advancement made by a Review Board composed of the Reviewing Committee and one qualified Jungian analyst who is not a member of the C.G. Jung Institute of San Francisco. Following completion of the Preliminary stage and the 40-hour continuous case conference requirement, a candidate who is in or beyond the third year of seminars may begin to consider his/her inner and outer readiness for advancement into Control stage. When the candidate feels ready, the decision to meet with the Review Board is determined in consultation with the Reviewing Committee during the candidates's annual review meeting, which is usually in the spring. If there is mutual agreement, the candidate is scheduled to meet with the Review Board, ordinarily in the fall of the next academic year.

In this meeting with the Review Board the candidate's familiarity with the theory and practice of Analytical Psychology and his/her individual development are evaluated in the context of a case presentation. Once advanced by this Board the candidate is eligible to begin control analysis. Selection of an initial control analyst may be done at that Review Board meeting, with confirmation and subsequent selections at Certifying Committee meetings.

The Certifying Committee supervises progress from the Advanced stage of training through certification as an analyst. Currently, a minimum of 100 hours of control analysis is required by the Institute. These hours must be spent with at least two different analysts, usually including substantial experience with both a female and a male analyst.

When the candidate has successfully completed the seminars and the control analysis, and has drafted a paper on a control case at a time agreed upon with the Certifying Committee, he/she may meet with the Certifying Committee for evaluation and mutual agreement to present that case before the Certifying Board, composed of the Certifying Committee and one qualified Jungian analyst who is

not a member of the C. G. Jung Institute of San Francisco. If the case presentation has been satisfactory and if in the judgment of the Certifying Board the candidate has achieved the necessary level of professional and personal development, it is certified that he/she has completed training as a Jungian analyst. The membership of the Institute is notified that he/she is eligible for election into membership.

Beginning candidates should know that all requirements stated in this brochure are subject to change by the Institute, and that minimum requirements will not necessarily be deemed sufficient in individual cases. For example, additional individual or group consultation that is not considered part of the minimum requirements is often encouraged during training.

Delay or deferment of advancement, which is the result of the considered decision of the candidate, the Reviewing Committee, the Certifying Committee, or the faculty, may occur at any point in the process. This does not in itself jeopardize future advancement in the program. However, the Reviewing Committee and the Certifying Committee are empowered to initiate a leave of absence, a move to inactive status, or full termination of training if deemed appropriate. Details of these leave categories are on file at the Institute and available on request. A candidate who is dissatisfied with a decision made by one of the training committees and who is unable to resolve it with that committee may request the President or the Training Coordinating Committee to convene a Training Review Board to review that decision.

All changes of candidate status will ordinarily be announced to the membership as they occur.

III. Annual Training Cost

Fees are \$2,953 per year for candidates in seminars and \$1,476 per year for post-seminar candidates. A case conference fee of \$1,276 is charged for the year of attendance at the continuous case conference. In addition, the candidate will be undergoing a personal analysis for which he/she will be paying the analyst directly. During the course of training, the candidate also will be required to participate in control analysis with at least two analysts, whom he/she will pay directly. Beginning candidates may choose to work with continuing or new paid consultants, although prior to entering control stage there may be volunteer consultants available as part of the requirement to see a clinic patient.

All fees are subject to change on a yearly basis.

IV. Child Analytic Training

The Child Analytic Training Program at the Institute is a two year program composed of monthly conferences and seminars intended to provide a comprehensive training in Jungian analytic work with children and adolescents. The program is currently offered to certified Jungian Analysts who are experienced child therapists and who meet the admissions criteria. These criteria are available upon request. The program offers a first year of Infant Observation with seminars and readings and a second year of Theory and Practice of Child Analysis. Clinical case conferences and individual case supervision will be ongoing for the two years. A clinical child and adolescent case will be presented at the conclusion of the program for certification.

International Association For Analytical Psychology

A Jungian analyst is recognized as qualified by membership in the International Association for Analytical Psychology (IAAP), which in the United States is ordinarily based on membership in one of the following associations:

Association of Graduate Analytical Psychologists
of the C. G. Jung Institute Zürich

Jungian Analysts of Washington Association

C. G. Jung Institute of Los Angeles

C. G. Jung Institute of San Francisco

C. G. Jung Study Center of Southern California

Chicago Society of Jungian Analysts

Dallas Society of Jungian Analysts

Georgia Association of Jungian Analysts

Inter-Regional Society of Jungian Analysts

Jungian Psychoanalytic Association – New York

New England Society of Jungian Analysts

New Mexico Society of Jungian Analysts

New York Association for Analytical Psychology

North Carolina Society of Jungian Analysts

Ohio Valley Association of Jungian Analysts

North Pacific Institute of Analytical Psychology

Pacific Northwest Society of Jungian Analysts

Pittsburgh Society of Jungian Analysts

Philadelphia Association of Jungian Analysts

Society of Jungian Analysts of San Diego

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